## **Claims**

1. A crutch comprising:

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- a support rod, a lower part between a lower end and a predetermined point below a mid point of the support rod is bent to a large radius and an upper part between the predetermined point and an upper end of the support rod is bent to a smaller radius;
  - a cross-pad mounted on the upper end of the support rod;
  - a hand piece positioned at the mid point of the support rod; and
- a cap for preventing the crutch from skidding mounted on a lower end of the support rod.